

Southampton County Public Schools  
High School Breakfast

**BREAKFAST**  
**March 2020**  
**\*\*\*Menu Subject to change\*\*\***

Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 2  EGG N CHEESE CROISSANT Dr. Suess Breakfast YOGURT PARFAIT OVEN BAKED HASH BROWN FRUIT JUICE OR FROZEN FRUIT PEARLS FRUIT,FRESH ASSORTED FRUIT JUICE,ASSORTED 1% WHITE MILK CHOCOLATE MILK CONDIMENTS	Mar - 3  BACON & CHEESE BISCUIT HONEY BUN YOGURT PARFAIT FRUIT JUICE OR FROZEN FRUIT PEARLS FRUIT,FRESH ASSORTED FRUIT JUICE,ASSORTED 1% WHITE MILK MILK CONDIMENTS	Mar - 4  JUMPSTART CEREAL PACK PANCAKE ON A STICK ASSORTED PASTRIES YOGURT PARFAIT FRUIT JUICE OR FROZEN FRUIT PEARLS FRUIT,FRESH ASSORTED FRUIT JUICE,ASSORTED 1% WHITE MILK MILK CONDIMENTS	Mar - 5  CHEESE BURGER SLIDERS BREAKFAST BISCUITS PARFAIT FRUIT JUICE OR FROZEN FRUIT PEARLS FRUIT,FRESH ASSORTED FRUIT JUICE,ASSORTED 1% WHITE MILK MILK BK	Mar - 6  ASSORTED MUFFINS OR BREADS PARFAIT BREAKFAST BISCUITS FRUIT JUICE OR FROZEN FRUIT PEARLS FRUIT JUICE,ASSORTED FRUIT,FRESH ASSORTED MILK 1% WHITE MILK
Mar - 9  EGG, BACON & CHEESE BISCUIT FRENCH TOAST STICKS YOGURT PARFAIT FRUIT JUICE,ASSORTED FRUIT,FRESH ASSORTED MILK 1% WHITE MILK CONDIMENTS	Mar - 10  BREAKFAST PIZZA 2 POP TARTS YOGURT PARFAIT OVEN BAKED HASH BROWN FRUIT JUICE,ASSORTED FRUIT,FRESH ASSORTED MILK 1% WHITE MILK	Mar - 11  RAISED DONUT EGG, SAUSAGE & CHEESE BISCUIT YOGURT PARFAIT FRUIT JUICE,ASSORTED FRUIT,FRESH ASSORTED 1% WHITE MILK MILK CONDIMENTS	Mar - 12  PANCAKE MINIS BREAKFAST PIZZA YOGURT PARFAIT OVEN BAKED HASH BROWN FRUIT JUICE,ASSORTED FRUIT,FRESH ASSORTED MILK 1% WHITE MILK CONDIMENTS	Mar - 13  BREAKFAST PIZZA ASSORTED PASTRIES YOGURT PARFAIT OVEN BAKED HASH BROWN FRUIT,FRESH ASSORTED FRUIT JUICE,ASSORTED MILK 1% WHITE MILK
Mar - 16  EGG N CHEESE BISCUIT MINI WAFFLE YOGURT PARFAIT FRUIT JUICE,ASSORTED FRUIT,FRESH ASSORTED 1% WHITE MILK MILK CONDIMENTS	Mar - 17  FRENCH TOAST STICKS JUMPSTART CEREAL PACK YOGURT PARFAIT FRUIT,FRESH ASSORTED FRUIT JUICE OR FROZEN FRUIT PEARLS FRUIT JUICE,ASSORTED MILK 1% WHITE MILK CONDIMENTS	Mar - 18  CINNABAR EGG N CHEESE CROISSANT PARFAIT OVEN BAKED HASH BROWN FRUIT,FRESH ASSORTED FRUIT JUICE,ASSORTED MILK 1% WHITE MILK CONDIMENTS	Mar - 19  2 POP TARTS BOSCO CHEESE STICK YOGURT PARFAIT FRUIT JUICE,ASSORTED ASSORTED CAN AND FRES FRUIT 1% WHITE MILK CHOCOLATE MILK CONDIMENTS	Mar - 20  SAUSAGE BISCUIT ASSORTED PASTRIES YOGURT PARFAIT FRUIT,FRESH ASSORTED FRUIT JUICE,ASSORTED MILK 1% WHITE MILK CONDIMENTS

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 23  RAISED DONUT EGG, SAUSAGE & CHEESE BISCUIT YOGURT PARFAIT FRUIT JUICE, ASSORTED FRUIT, FRESH ASSORTED 1% WHITE MILK MILK CONDIMENTS	Mar - 24  EGG N CHEESE BISCUIT MINI WAFFLE YOGURT PARFAIT OVEN BAKED HASH BROWN FRUIT JUICE, ASSORTED FRUIT, FRESH ASSORTED 1% WHITE MILK MILK CONDIMENTS	Mar - 25  EGG, SAUSAGE & CHEESE CROISSANT APPLE OR CHERRY FRUDEL PARFAIT FRUIT, FRESH ASSORTED FRUIT JUICE, ASSORTED 1% WHITE MILK MILK CONDIMENTS	Mar - 26  PANCAKE MINIS CHICKEN BISCUIT YOGURT PARFAIT OVEN BAKED HASH BROWN FRUIT JUICE, ASSORTED FRUIT, FRESH ASSORTED 1% WHITE MILK MILK CONDIMENTS	Mar - 27  FRENCH TOAST STICKS JUMPSTART CEREAL PACK YOGURT PARFAIT FRUIT JUICE, ASSORTED FRUIT JUICE OR FROZEN FRUIT PEARLS FRUIT, FRESH ASSORTED MILK 1% WHITE MILK CONDIMENTS
Mar - 30  CHICKEN BISCUIT CINNABAR YOGURT PARFAIT FRUIT, FRESH ASSORTED FRUIT JUICE, ASSORTED 1% WHITE MILK MILK CONDIMENTS	Mar - 31  BACON & CHEESE BISCUIT DUTCH WAFFLE PARFAIT FRUIT, FRESH ASSORTED FRUIT JUICE, ASSORTED 1% WHITE MILK MILK CONDIMENTS			

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